



FAIRVIEW HIGH SCHOOL

2016 – 2017

ACADEMIC PLANNING GUIDE

Welcome to Fairview!

As you embark on your journey through Fairview, we want to show you the many academic paths and options available for completing your high school diploma and meeting your academic goals. At Fairview, you will find a wide range of educational opportunities. This guide and the other materials you will receive tonight provide an overview of the information you need to begin identifying your interests and planning your schedule for 9th grade and beyond. Many links to the Fairview website are included in this document to assist you in locating more detailed information about specific topics. This document is also posted on the Fairview website's Counseling page with active links to your areas of interest.

Please know that this is intended to be used only as a guide—additional information is available on the FHS and BVSD websites. Furthermore, FHS students will be participating in an extensive counseling and guidance program throughout high school during which they will receive information and support in making academic and post-high school educational decisions. Fairview is dedicated to helping students develop academic plans that fit their interests, talents, and career goals. All students in grades 9-12 will be actively engaged in developing an ICAP, an Individual Career and Academic Plan. This ICAP program assists students in identifying post-high school goals and building corresponding academic plans.

The Fairview Counseling Office and College/Career Center website contains extensive information to help you chart your way through the next four years of high school and be prepared for your post-graduation plans. The attached screen shot of the website provides an overview of the information available. We encourage you to access this valuable resource in your planning for next year and beyond. We look forward to supporting you throughout your high school career!

<https://www.fairviewhs.org/counseling>

						
Sign In	About Counseling	Academics/Classes	Interests & Careers	College & Alternatives	College Applications	Paying for College
	<ul style="list-style-type: none"> • Counseling Services • Counselors & Staff • Office Hours & Appointments • Counseling Office Timeline and Calendar • College /Career Center Services • TAG (Talented & Gifted) • Infinite Campus • FreshmanNew Families • School Policies • What is NAVIANCE? • Important Teen Issues; Definitions and Resources 	<ul style="list-style-type: none"> • Academic Goals • Graduation and College Entrance Requirements • NAVIANCE 4-Year Course Planning • Course Selection for Fairview and CTE Arapahoe Campus • Honors Program • Academic Support • BVSD Online Classes • BVSD Summer School • College During High School • BVSD Lifelong Learning Classes • Additional Admission 	<ul style="list-style-type: none"> • <u>Self-Discovery</u> • ICAP Individual Career & Academic Plan • NAVIANCE 4-Year Career Search Tool • <u>Experience</u> • Clubs & Activities • Volunteering • Jobs • Internships • Summer Programs • Study Abroad • Awards, Honors & Competitions 	<ul style="list-style-type: none"> • Choosing a College • College Rep Visits/Events • NAVIANCE for College Search • Four Year Timeline • Visiting Colleges • College Planning Night Presentations • Athletics, Honors Programs, Arts, Special Needs, Military, Online • Alternatives to College-Gap Year, Military, Vocational Training, Employment • New to the American College System 	<ul style="list-style-type: none"> • Applying to College - Start Here • Glossary of Terms • NAVIANCE for College Applications • Test Information • Transcripts and Recommendation Letters • Alumni Transcripts • College Essays • College Interviews • Common Application • Portfolios & Auditions • The College Decision • College Waitlist 	<ul style="list-style-type: none"> • Paying for College START HERE • What are the Costs? • FAFSA & CSS • Scholarships • Saving Options • Student Loans • College Opportunity Fund - Colorado • Get a Job • Claiming IB & AP • Honors Programs • Co-op, ROTC, Community College, WUE, Residency, Taxes • Avoid Scams • In the News

Course Requirements and Goals

As you choose classes during your four years of high school, your choices will be determined by your future plans and post-high school goals. You also need to be aware of different sets of requirements, depending on your plans. Several times every year, counselors meet with students to review graduation requirements, college entrance requirements and course offerings for next year. Although your parents, counselors, and teachers wish to help you in planning your high school curriculum, the responsibility for this planning rests primarily with YOU, STUDENTS!

1. BVSD Graduation Requirements

- Without exception, you must meet the [Boulder Valley School District \(BVSD\) high school graduation requirements](http://www.bvsd.org/graduation/requirements/Pages/BVSDGraduationRequirements.aspx).
<http://www.bvsd.org/graduation/requirements/Pages/BVSDGraduationRequirements.aspx>

2. College Entrance Requirements

- Students who plan to attend a 4-year public college or university in Colorado must meet the requirements set by the [Colorado Commission on Higher Education \(CCHE\)](http://higher.ed.colorado.gov/Academics/Admissions/coursecompletion.html).
<http://higher.ed.colorado.gov/Academics/Admissions/coursecompletion.html>
- The CCHE requirements are considered a minimum standard for entrance into a 4-year college program. Many colleges and universities have additional requirements for admission which you will want to be aware of as you make your course selections during the next four years.
- If your goal is to attend a highly selective, very competitive university, you should plan on going far beyond the requirements identified by CCHE.

3. International Baccalaureate (IB) Diploma Requirements

- Freshmen considering an IB diploma or IB certificates should become familiar with the specific requirements they will need to meet in their junior and senior years. Many of these upper level courses require that prerequisite courses be taken in the freshman and sophomore years. Freshmen should select their courses with these prerequisites in mind.
<http://bvsd.fhsib.org/honors.htm>

4. Personal Goals

- If you have personal goals outside the core academic environment, such as performing arts and sports, Fairview offers many courses that can enhance and expand your talents and interests.

Curricular Choices

Fairview is a comprehensive four-year high school dedicated to academic excellence and student success. The curriculum is designed to meet the needs of students with different learning abilities and goals for the future. Course offerings include:

- **College prep**
- **Pre-IB (PIB)**
- **International Baccalaureate (IB)**
- **Advanced Placement (AP)**
- **Online learning**
- **Technical training courses**
- **English as a Second Language (ESL)**
- **Concurrent college courses**
- **Summer school**

These offerings are described in detail at <https://www.fairviewhs.org/counseling/academic-services> ; <http://bvsd.fhsib.org>

Your Personal Course of Study

How you meet the graduation and college entrance requirements is your choice. Your courses may be a hybrid of college prep, IB, AP, or other levels. Certain courses that are identified as relatively difficult, such as PIB, IB and AP courses, have been designated to receive weighted grades (i.e., A = 5.0). All other courses receive unweighted grades (i.e., A = 4.0). You may take a combination of unweighted and weighted courses during a semester.

Fairview offers honors-level PIB courses in grades 9-10 to prepare students for rigorous IB and AP courses in later years. For detailed information on these courses, please refer to FHS Honors Program, <http://bvsd.fhsib.org>. The Honors Program covers both IB and AP courses of study.

CHOOSE CAREFULLY! The school schedule of classes is built from your requests. If you do not select a class now, it may not be available as a choice later. This is especially true of elective courses. Please make sure you consult with your current teachers to select the appropriate level of class for your academic courses because it is difficult to move levels in the Fall. Your current teachers usually know your academic ability level and work ethic best; thus we recommend you listen to your teachers' input. However, the final decision rests with you and your family. Additionally, please consider your elective choices carefully as you may not be able to switch classes at a later time.

Class Schedule

Freshman and sophomores are required to take 6 classes per semester; juniors and seniors, 5 courses/semester. A Fairview school day is divided into 8 periods, with one of those periods being lunch (assigned during period 4, 5, or 6). Students can also request to have either 1st or 8th periods off by indicating X1AFREE or X8AFREE on their course request form.

Block Days

Fairview uses a "block" schedule two days per week, usually on Wednesday and Thursday. Typically, periods are 50 minutes long, but during block days, periods are approximately 90 minutes. Odd periods are conducted on Wednesdays; even periods, Thursdays. A 35-minute school-wide collaboration/access time (CAT) occurs in the middle of Block Days. This period is often used to meet with teachers (for make-up work or tutoring), or as a time to work on group projects.

Freshman Seminar

Freshman Seminar is a course designed to promote a successful transition between middle school and high school. Taught by Fairview High School teachers and counselors, the course provides students with opportunities for academic enrichment and assistance, as well as the chance to improve organizational and communication skills. Since every freshman is in a seminar class, and the classes are smaller, it provides the perfect venue for sharing information, touching base about goals and grades, and participating in all-school activities. In addition, part of the course is dedicated to future planning and course selection through ICAP sessions.

Freshman Seminar is held during the student's usual lunch period on a block day. For example, if their lunch period is 4th period, their Freshman Seminar would be during 4th period on Thursdays. All freshmen are required to take this course, and it is graded as Pass/Fail.

FHS Weekly Schedule with Example Freshman Courses

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
(1) 8:05-8:55 Elective or Free Period	(1) 8:05-8:55 Elective or Free Period	(1) 8:05-9:30 Elective or Free Period	(2) 8:05-9:30 Science	(1) 8:05-8:55 Elective or Free Period
(2) 9:00-9:50 Science	(2) 9:00-9:50 Science	(3) 9:35-11:00 Math	(4) 9:35-11:00 Freshman Seminar	(2) 9:00-9:50 Science
(3) 9:55-10:45 Math	(3) 9:55-10:45 Math			(3) 9:55-10:45 Math
(4) 10:50-11:40 LUNCH	(4) 10:50-11:40 LUNCH	CAT 11:05-11:45	CAT 11:05-11:45	(4) 10:50-11:40 LUNCH
(5) 11:45-12:35 Wellness in Action	(5) 11:45-12:35 Wellness in Action	LUNCH 11:45-12:20	LUNCH 11:45-12:20	(5) 11:45-12:35 Wellness in Action
(6) 12:40-1:30 World Language	(6) 12:40-1:30 World Language	(5) 12:25-1:50 Wellness in Action	(6) 12:25-1:50 World Language	(6) 12:40-1:30 World Language
(7) 1:35-2:25 Social Studies	(7) 1:35-2:25 Social Studies	(7) 1:55-3:20 Social Studies	(8) 1:55-3:20 Language Arts	(7) 1:35-2:25 Social Studies
(8) 2:30-3:20 Language Arts	(8) 2:30-3:20 Language Arts			(8) 2:30-3:20 Language Arts

Open Campus

Fairview is considered an open campus. Therefore, students are not required to be on campus during any free period(s). Consider the sample schedule above: a freshman with a free 1st period may come to school at the start of 2nd period (9:00 am on regular days, 9:35 am on block Wednesday). Conversely, a freshman with 8th period free would be done with school after 7th period (2:25 pm on regular days, 1:50 pm on block Thursday). For 2016-17, the school day is 8:05 am – 3:20 pm.

Daily Academic Time

We encourage students to consider their course choices carefully, finding a balance between challenging themselves and overwhelming themselves. Please consider “daily academic time”—a free period during the day (in addition to a lunch period) to access free tutoring in the Student Achievement Center (<https://www.fairviewhs.org/sites/sac>), study in the library, use the computers in the College/Career Center, or make up a missed quiz. Free time can be used productively!

Where to Find Help

Counseling Office & College/Career Center Website

The FHS Counseling Office and College/Career Center website at www.fairviewhs.org/counseling is an excellent place to find helpful information. The **About Counseling**, **Academic/Classes** and **Freshman/New Families** sections will be most helpful as an incoming FHS student. (The Freshman/New Families section can be found under “About Counseling”.)

FHS Counselors

The Fairview Counseling Office has six full-time professional school counselors who are certified/licensed educators with a minimum of a master’s degree in school counseling. Their training and experience makes them uniquely qualified to address all students’ academic, personal/social and career development needs. Each student is assigned a counselor based on the student’s last name, and this will be their counselor for their four years at FHS. For additional information, or to make an appointment with a counselor, please see their contact information below. Please know that high school counselors are not available for appointments with rising 9th graders due to our commitments to current students in grades 9-12. We are looking forward to getting to know you in the Fall!

A-Co	Wendy Herron	wendy.herron@bvsd.org	(720) 561-5334
Cr-Has	Lesley Lundeen	lesley.lundeen@bvsd.org	(720) 561-5339
Hat-Lin	Ashley Houston	ashley.houston@bvsd.org	(720) 561-3241
Lip-Ped	Matt Mowen	matt.mowen@bvsd.org	(720) 561-5332
Pel-Sta	Michelle Kletzky	michelle.kletzky@bvsd.org	(720) 561-5338
Ste-Z	Hal Burns	hal.burns@bvsd.org	(720) 561-5340

Middle School Counselors and Teachers

Your current middle school counselors and teachers will be able to help you with selecting courses for high school.

Parents who have been there...

Fairview parents are a friendly and helpful group who mentor new high school parents. You may contact a FHS parent through the Freshman Family Connection. This contact information will be available next fall.



Boulder Valley School Counselors – Vision Statement

To optimize school success for all students, Boulder Valley Counselors address student needs through three different areas: academic, career, and personal-social domains. This will be accomplished through a Comprehensive School Counseling Program that is individualized in each school throughout the Boulder Valley School District.

Therefore, a counselor's role is:

- To provide curriculum in the areas of academic success, career development, and life skills
- To teach, promote, and model the New Century Graduate skills
- To advocate for ALL students
- To promote district and school goals such as achievement, cultural diversity, equity and school safety

ICAP

Individual Career and Academic Plans (ICAPs) are an important part of the Boulder Valley School District Curriculum. Beginning in 2011-12, there has been a renewed and central focus for all 6th through 12th graders to create a vision for their world of work future. Sixth through twelfth graders will use their online accounts in one of two online career exploration tools (College in Colorado or Family Connection by Naviance) to match interests and skills with potential career clusters or careers and learn what it will take to match their vision with the skills necessary to make that vision come true. All students will be taught and will practice goal setting skills in the areas of post-high school planning, academic planning, and extracurricular planning and will revisit those goals on an annual basis to reflect on what they have learned, what is working, and what needs to be changed. ICAPs provide a tool to merge many aspects of a student's life into a centralized plan for the future. Watch your school newsletters for more about this exciting means to link current studies and activities with future planning. ICAP...linking today with tomorrow's vision.

